

4, 5, 6 Waltz

For Armchair Users

STEPS	ACTUAL HAND MOVEMENTS	CALLING SUGGESTIONS	DIRECTION
SECTION 1	Left hand or finger forward, rub, rub 1 Point left hand or finger forward 2 Rub left hand down the palm of the right hand 3 Rub right hand down the palm of the left hand	Left forward Rub Rub	On the spot
SECTION 2	Right thumb to right shoulder, rub, rub 4 Point right thumb towards right shoulder 5 Rub right hand down the palm of the left hand 6 Rub left hand down the palm of the right hand	Right shoulder Rub Rub	On the spot
SECTION 3	Point, rub, rub 7 Point left finger over to right side 8 Rub left hand down the palm of the right hand 9 Rub right hand down the palm of the left hand	Point Rub Rub	On the Spot
SECTION 4	Point, rub, rub 10 Point right finger over to left side 11 Rub right hand down the palm of the left hand 12 Rub left hand down the palm of the right hand	Point Rub Rub	On the Spot
SECTION 5	Left forward, point, hold 13 Point left hand or finger forward 14 Point right hand or finger to right side 15 Hold	Left forward Point side Hold	On the Spot
SECTION 6	Right thumb right shoulder, point, hold 16 Place right thumb on right shoulder 17 Point left hand or finger to left side 18 Hold	Side, behind Turn, hop	On the Spot
SECTION 7	Lasso, rub, rub 19 Make a lasso anticlockwise with left hand 20 Rub left hand down the palm of the right hand 21 Rub right hand down the palm of the left hand	Lasso Rub Rub	On the Spot
SECTION 8	Right thumb to right shoulder, rub, rub 22 Point right thumb towards right shoulder 23 Rub right hand down the palm of the left hand 24 Rub left hand down the palm of the right hand	Right shoulder Rub Rub	On the Spot
Armchair Line Dance: - 24 Counts Choreographer: - William McKechnie alias Wild Bill (Founder of Wheelchair Line Dancing UK, Germany & France) https://www.willmc.co.uk Music: - Amazing Grace by The Sporran Brothers			